



Spiritual Disciplines for Holy Week: 2023

Try this as a daily Spiritual Growth habit: **Read** the scriptures on the other side of this sheet.

Write your reflections to the questions in the space provided for each day.

Think about each scripture, jot down a few words to remember, then **ACT** on God's word for **YOU**.

Day 1 Palm Sunday: Some say Jesus is showing anger in these passages. What do you think? How do you feel as you read them? (Perhaps some research can help?)

Day 2 Holy Monday: What part of your life needs cleansing? ...pruning?

Day 3: Holy Tuesday: What mountains in your life need moving?

Day 4: Holy Wednesday: (plus read Matt 22:7-10) How is money used in these passages? How do you see your use of money?

Day 5: Maundy Thursday: What do you think of Holy Communion? Are you transformed every time you receive Communion with Jesus the Christ?

Day 6: Good Friday: What places in your life do you need to offer to God as a "little death?"

Day 7: Holy Saturday: How do you honor the presence of Jesus the Messiah in your heart, your thoughts, and your life?

Day 8: Resurrection Sunday (Easter): Is every day a Resurrection Day for you? Why or why not?

You are always welcome at First UMC San Gabriel

Be sure to join us at 10 am Sundays for worship: In-Person or Facebook Live Stream (@fumcsg)

PASSION WEEK

Scripture Reading List

Below is a sample Passion Week Scripture Reading List beginning the Sunday before Easter. Each day includes a main Scripture reading, plus additional verses for further study as you are able. Some of the extra verses are the same events recorded in a different gospel, and some are different verses with more thoughts on the Easter events.

Day 1 (Palm Sunday): Read Matthew 21:1-11.
(for more reading: Luke 19:29-44 Mark 11:1-11, John 12:12-50)

Day 2: Read Matthew 21:12-20 and John 12:1-14.
(for more reading: Mark 11:11-33)

Day 3: Read Matthew 21:20-27.
(for more reading: Matthew 21:28-23:39, Mark 11:20-12:44)

Day 4: Read Luke 22:1-6 and Mark 14:1-11.
(for more reading: Matthew 24-25, Matthew 26:17-30)

Day 5 (Last Supper): Read John 19:1-16 and Isaiah 54:7.
(for more reading: Luke 22:7-52, John 13-17, 1 Corinthians 11:23-25, Mark 14:12-72)

Day 6 (Good Friday): Read Mark 14:53-15:41, Isaiah 53:5-6, and 1 Peter 1:18-21.
(for more reading: Luke 22:47-53, 23:39-43, John 19:1-37)

Day 7: Read John 19:38-42 and Romans 6:22-23.
(for more reading: Mark 15:42-47, Matthew 27:57-66)

Day 8 (The Resurrection): Read Mark 16:1-7 and Matthew 28:1-20.
(for more reading: John 20:1-21:31, Acts 1:9)

For more resources, visit Do Not Depart and view this post: <http://wp.me/p1Su7F-2nh>.

